To view the model in Virtual Reality (VR) please follow these steps –

First make sure you are viewing the model in High Definition (HD)
Next insert your phone into Google Cardboard (or alternative: HTC Vibe, Oculus Rift, Samsung Gear VR)-

On the inside face of the tab you will see instructions on how to insert your phone – or follow the next step
Place your phone on the tab with the screen facing up

Fold the larger portion of the cardboard over your phone and push the smaller top tab down
How to navigate in VR –

(1) Look around – you will notice a set of yellow rings follow your movement

(2) These rings act like a cursor

To move around and explore the test tunnel – move your cursor to a desired location on the ground and tap on the cardboard button
Trouble Shooting tips -

(1) The model is very large. If you get lost while navigating it and cannot figure out how to navigate back to a place of interest, leave the VR setting and reload it by selecting the VR icon again.

(2) If your phone is unresponsive to the Google Cardboard button, double-check that nothing is interfering with the button. For example, larger phones may not fit well in the Google Cardboard frame. This may cause the cardboard from to hit up against power or volume buttons in certain positions. Try flipping your phone so that a different side is up. You could also try inserting your phone using the method listed above. (vs the method on Google Cardboard.)